



WANT TO

# SAFEGUARD YOUR COMPUTER FROM GAMBLING?

IT'S NOT AS COMPLICATED  
AS YOU MAY THINK!

Many people are finding that the computers they need for everyday tasks (work, shopping, connecting with family and friends) have opened the door to gambling products and activities. Thankfully, there are some ways to safeguard against gambling online. Check out the tips on the next page. Find other methods that work for you? Email [gambling@nicasa.org](mailto:gambling@nicasa.org), and we'll be happy to update this tip sheet to help the next person who asks!



Install blocking software, like [gamban](#) or [gamblock](#).  
(These are paid programs and can block gambling sites, but not trading sites.)



Block specific sites that pose a challenge for you:

- Watch this [Youtube tutorial](#)
- Restart your computer after following these steps, to allow the blocking to take effect.

