

How Successful People Respond to Disappointment, Defeat & Rejection

The Path to Success

Success = _____ going for it, even when you do not _____ the _____.

4 Key Success Questions:

1. Was I _____ ready?
2. Was I _____ ready?
3. Was I _____ ready?
4. Did I give _____ throughout?

The Two Type of Fixed Mindset

Low _____ syndrome students tend to _____

It is better to praise _____ not _____

Perfectionists need to ask is this a ____ % thing or a ____ % thing?

Failing is an _____. Being a _____ is an _____.

Expect _____ crises per _____ year

4 Typical Responses to Problems

4 Keys to Responding Well

Response	What it looks like	How to Help

3 Questions to ask when things go wrong

1. What _____?
2. What can I _____ from it?
3. What is the way _____?

Be a coach

Category	Defined

3 Keys to Motivation	How can I use it?